



Print this double-sided, if your printer does it.

If your printer does not do double-sided, print the first side, then flip the paper over on the long side (so the image is on the edge going into the printer) and insert into the paper tray and then print the second page.

Love

Tell someone in your family one reason why you love them.

Bonus points if it makes them smile big.



Kindness

Say "Thank You" extra loud today.

To your grown-up. Your pet. The delivery driver. Even your stuffed animals!



Generosity

Secretly do something kind for someone in your home.

It could be making their bed, tidying their space, or drawing them a smiley note—just don't take credit!



Wonder

Take a Wonder Walk

Go outside (or explore your home) and find three things you've never noticed before.

Look up.
Look low.
Wonder aloud.

